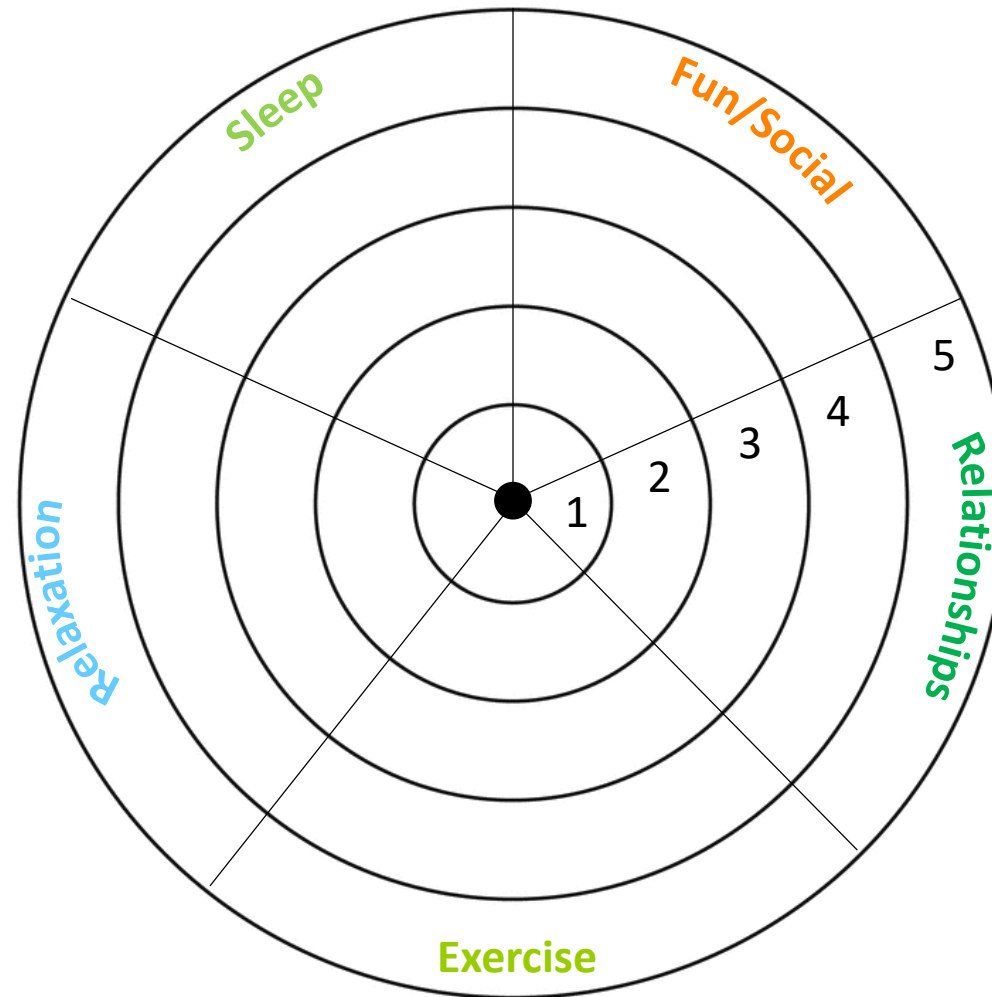


Resilience Wheel



What gives you energy and resilience?

