

# Boral benefits from world-leading Springboard trainer



Michelle Moynihan has been recognised by the creators of the Springboard program as the leading Springboard trainer in the world and Boral is fortunate to have had her as their very own Springboard trainer since the program was introduced into the company in 1996.

Springboard is an award winning, personal development program designed for women and is available through Boral Learning Services.

With Michelle's unique style, she has developed a significant reputation well outside Boral and is regarded as a star performer by several thousand women throughout Australia.

In the past ten years, she has run more than 200 Springboard programs, which have been attended by over 5000 women. This is an extraordinary achievement, considering she covers every State and Territory across the nation from her home base in Queensland.

Apart from Springboard, Michelle also facilitates Diversity Management sessions on our Executive Development Program and acts as a specialist advisor and mentor to its participants.

When asked about her success, Michelle says that her approach is based on a number of key principles.

- **Thou shalt not be perfect, or even try to be.** Unless you are making a few mistakes, you're probably not trying hard enough.
- **Value difference.** Something can be learned from everyone.
- **Apply professionalism.** Deliver what is promised and aim to exceed client expectations.
- **You get out of it what you put into it.** The harder you work, the luckier you get.
- **Celebrate success.** Take time to smell the roses.
- **Pass on expertise.** Whatever you give away comes back to you twofold, often in unexpected ways.
- **Support and develop others.** Empowering others is empowering for me.

If you would like more information about Boral's Springboard program, contact Karen Gooley, Boral Learning & Development on (02) 9220 6415 or the Learning & Development Hotline on (02) 9220 6500.